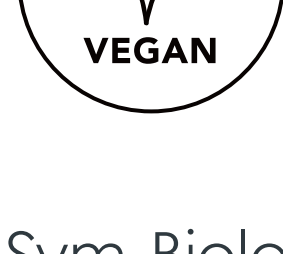




Treatments Menu

When efficiency becomes natural and preserves health,
More than skincare, it's a lifestyle !



Sym Biologic System © is a French brand, expert in the physiology of the skin, which provides concrete solutions, 100% effective, Ecocert certified, with clinically proven results.

High performance treatments are designed to amplify the natural production of your cells, such as elastin, collagen, hyaluronic acid and strengthen your immune system.

An innovative approach to skin care, the result of the perfect combination of expert methodologies, cutting-edge engineering, and excellent know-how.

All the resources are within us and can be stimulated by specific techniques associated with the good 100% active products, for a beautiful healthy skin.

Sym Biologic System© you will love it because it works.

Sym Biologic System© Organic Body Massages

Relaxed from head to toe.

You need to relax and energize your body. You want to stimulate your immune system and preserve your health capital. Sym Biologic System© combines specific wellness massage techniques with the good products and you also improve the quality of your skin.

Select the wellness massage of your choice.

Relaxing Massage	1h	135€
Tailor-made Massage : scalp, back, legs, feet massage...	1h 30'	135€ 75€
Deep Tissue Massage	1h	145€
Energy Massage Invigorating Source	1h	145€
Hot Stones Massage	1h	145€
Mother-to-be Massage	1h	135€
Performed with 100% natural safe oil, without essential oils.		

Sym Biologic System© Organic Body Treatments

Wake up your body & get a new skin !

Your cells lose efficiency with time. Amplify the natural production of your structural molecules : elastin, collagen + hyaluronic acid. Balance and improve the quality of your skin.

How ? With high performance treatments that combine specific targeted techniques with the right 100% active products. 100% natural detox, exfoliation or natural lifting, you benefit from Sym Biologic System©'s expertise to feel good about your body.

Triple Actions Exfoliating Scrub©	30'	75€
Soft skin effect guaranteed.		
Unifying & Regenerating - Lift Sculpt & Boost Treatment©	1h	145€
Detox Tonic Silhouette Body Treatment©	1h	145€
Triple Actions Exfoliating Scrub + Tailor-made Body Treatment©	1h30	215€

Sym Biologic System© Organic face Massages

Massage is also essential on the face.

You want to find a relaxed, casual and luminous face. Stimulate and preserve the natural functions of your skin with draining, sculpting or relaxing techniques. Sym Biologic System© combines the good massage techniques with the good products. Massages are performed with 100% active Complexes©, selected by your Symbiologist according to your desires and needs.

Glow De-stressing Relaxing Massage©		
Anti-ageing Regenerating - Lift Sculpt & Boost Massage©		
Oxygenating Anti-pollution & Anti-blue light Massage©	30min	75€
Strengthen your skin to fight daily aggressions, free radicals, screens...		
	1h	145€
Detox Purifying Glow Massage©		
Calming Softness Massage©		

Sym Biologic System© Organic face Treatments

What does your skin really need?

Performing treatments designed to be in line with its physiology and which provide concrete solutions. Rebalance, amplify and activate the natural production of your cells, of your structural proteins: elastin, collagen + hyaluronic acid.

The 3 essential steps...

1 - Cleanse - Purify : Fresh and clear skin

2 - Stimulate - Renew : Accelerates your cell renewal

3 - Nourish - Strengthen - Protect : Strengthens your immune system + helps your skin regain its balance.

The right choice for beautiful, healthy skin.

Anti-pollution & Anti-blue light Oxygenating Treatment©		
Repairs the damage caused by overexposure to multiple screens. Antioxidant, strengthens and stimulates skin protection mechanisms.		
Purifying Anti-blemish Treatment ©		
Hydrating Relax Treatment©	1h	145€
De-stressing Glow Treatment©	1h30	215€
Anti-ageing Treatment : Regenerating, Unifying, Lift, Sculpt & Energizing©		
Calming Softness Treatment ©		
Face & Beard Treatment ©		

Sym Biologic System© Face and body Organic Treatments

Face...Body...Why choose ?

You are one of those who think that taking care of your face is as important as taking care of your body... You are right. Dare the global treatment. A deep moment of relaxation for guaranteed soft and clear skin.

Global Relax & Recharge Organic Massage©	1h30	215€
Global Unifying - Regenerating : Lift, Sculpt & Boost Treatment©	2h	290€

Caprice exotique Signature Treatment

A pure moment of escape into a world of sensations...	1h30	230€
Triple Actions Exfoliating Scrub© followed by the Sym Biologic System© Relaxing Massage. This unique feeling of well-being is accompanied by an ultimate sweetness : a surprise to taste after your treatment.		

Sym Biologic System© Hands and feet Organic Treatments

Feet and hands to feel good.

Overworked, weakened and too often neglected, your hands and feet also deserve the best treatment.

Thanks to targeted and 100% active treatments, find soft, radiant and well-nourished skin.

Nourishing Radiance Hands Treatment©	1h	145€
Real comfort treatment in 3 essential steps to have beautiful, well-nourished and luminous hands.		
Anti-ageing Hands treatment : Unifying Regenerating Lift©	1h15	165€
True anti-aging treatment in 3 essential steps to improve the quality of the skin and have beautiful hands with reduced pigment spots, smooth and soft.		
Intense Feet Treatment©	1h	145€
3 essential steps to have beautiful repaired, soft and well nourished feet.		

Day escape

Just for Epicurean: Combine well-being and gastronomy

Wellness area access	50€/pers. during the week 100€/pers. on week-end
Open access to Wellness Area fro 10am to 8pm The wellness area includes an indoor and outdoor swimming pool, a sauna, a hammam, a jacuzzi, a fitness room and a relaxation room.	
Relaxation break	210€/pers. on week-end
Open access to the Wellness area from 10am to 2pm or 2pm to 6pm 1 hour Sym Biologic System© Massage or Treatment of your choice	
Flavour and Serenity	229€/pers. on week-end
Open access to the Wellness area from 10am to 2pm or 2pm to 6pm 1 hour Sym Biologic System© Massage or Treatment of your choice. Lunch* at the «Ancienne Auberge» brasserie *Predefined menu and drinks available on request.	